



THE CHAMPLAIN  
CARDIOVASCULAR DISEASE  
PREVENTION NETWORK

# THE NAVIGATOR

## INTRODUCTION

Welcome to this edition of *The Navigator*, the Champlain Cardiovascular Disease Prevention Network (CCPN)'s e-bulletin.

*The Navigator* will guide you through the latest news about the Network, its partners, and the progress of its initiatives. Visit the [CCPN website](#) for more information.

The CCPN is currently leading the implementation of six large-scale priority initiatives in the Champlain region. To find out more, visit the [Priority Initiatives](#) page of the CCPN website.



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## WHAT'S NEXT?

### **CCPN 2010-12 Operating Plan**

The 2009-10 operating year marks the end of the first phase of the Champlain CVD Prevention Strategy. A renewal process was undertaken to establish key activities for the next two years.

As was identified at the outset, the strategy will remain focused on the implementation of large-scale initiatives which model best practice in CVD prevention and demonstrate impact on the cardiovascular health of Champlain residents.

The 2010-12 Operating Plan will focus on:

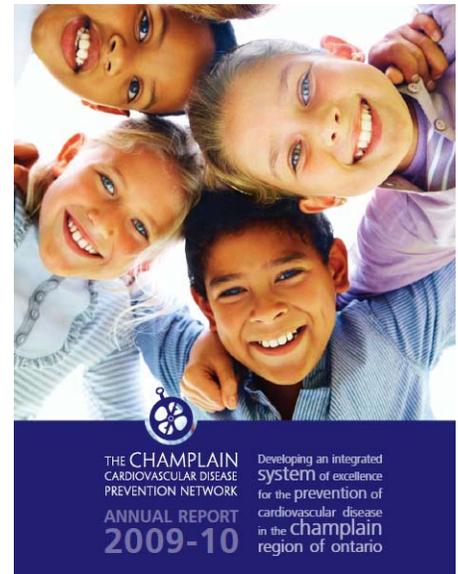
- Strengthening integration between primary care, specialty care & public health;
- Expanding on the Ottawa Model for Smoking Cessation;
- Excellence in disease management in hospitals (Get with the Guidelines Initiative);
- Supporting the Champlain Sodium Reduction Campaign;
- Supporting the Healthy School-aged Children Initiative; and,
- Sustaining the CVD Surveillance Program (Champlain Atlas).

[Click here](#) to view a copy of the CCPN 2010-12 Operating Plan.

## NETWORK NEWS

### **CCPN 2009-10 Annual Report Now Available!**

The CCPN is pleased to present its 2009-10 Annual Report. The Network's vision of creating a system of excellence in cardiovascular disease prevention in the Champlain region has been significantly advanced through the accomplishments of its six CCPN priority initiatives.



The 2009-10 operating year saw continued investment in upstream prevention activities, and in ensuring the delivery of evidence-based care in both the hospital and primary care settings.

The CCPN's accomplishments to date are a reflection of the unique partnership which has been developed in the Champlain region. Sincere thanks are extended to all those who have been involved.

To download a PDF copy of the 2009-10 Annual Report, visit the [CCPN website](#).



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## CONTACT US

Current and past issues of *The Navigator* are available on the [CCPN website](http://ccpn.org).

Your comments and suggestions are always welcome. Please write to us at [ccpn@ottawaheart.ca](mailto:ccpn@ottawaheart.ca). We look forward to hearing from you!



## OUR GOAL

**To save 10,000 lives from premature death of heart disease and stroke by 2020**

