



THE CHAMPLAIN  
CARDIOVASCULAR DISEASE  
PREVENTION NETWORK

# The Navigator

Special Issue: September 2009

## INTRODUCTION

Welcome to this edition of **The Navigator**, the Champlain Cardiovascular Disease Prevention Network (CCPN)'s e-bulletin.

**The Navigator** will guide you through the latest news about the Network, its partners, and the progress of its initiatives. Visit the [CCPN website](#) for more information.

The CCPN is currently leading the implementation of six large-scale priority initiatives in the Champlain region. To find out more, visit the [Priority Initiatives](#) page of the CCPN website.

## NETWORK NEWS

### CCPN 2008-09 Annual Report Now Available!

The CCPN is pleased to present its 2008-09 Annual Report. The report highlights the significant progress made over the last year in building from the successes of the CCPN's first official operating year in 2007-08. In addition to ongoing efforts in the primary care and hospital settings, 2008-09 saw the launch of the CCPN's more 'upstream' community-based initiatives, including the [Champlain Sodium Reduction Campaign](#), and the [Champlain Declaration](#) (part of the Healthy School-aged Children initiative).

The Network's accomplishments to date are a reflection of the unique partnership which has been developed in the Champlain region.

To download a PDF copy of the 2008-09 Annual Report, visit the [CCPN website](#).



THE CHAMPLAIN  
CARDIOVASCULAR DISEASE  
PREVENTION NETWORK  
ANNUAL REPORT  
2008-09

Developing an integrated  
system of excellence  
for the prevention of  
cardiovascular disease  
in the champlain  
region of ontario

## CONTACT US

Current and past issues of *The Navigator* are available on the [CCPN website](#).

Your comments and suggestions are always welcome. Please write to us at [ccpn@ottawaheart.ca](mailto:ccpn@ottawaheart.ca). We look forward to hearing from you!

### CCPN Partner Organizations

Champlain Local Health Integration Network  
Champlain Regional Stroke Program  
Department of Family Medicine, University of Ottawa  
Eastern Ontario Community Primary Health Care Network  
Eastern Ontario Health Unit  
Élisabeth Bruyère Research Institute  
Healthy Active Living and Obesity Research Group, CHEO  
Heart and Stroke Foundation of Ontario  
Institute of Population Health, University of Ottawa  
Leeds, Grenville and Lanark District Health Unit  
Ottawa Public Health  
Renfrew County and District Health Unit  
The Ottawa Hospital  
University of Ottawa Heart Institute

### CCPN Founding Industry Partner

Pfizer Canada Inc.

### Funding Support

Champlain Local Health Integration Network  
Ontario Ministry of Health and Long-Term Care  
Ontario Ministry of Health Promotion  
Public Health Agency of Canada

***OUR GOAL: To save 10,000 lives from premature death of heart disease and stroke by 2020***