



## 2016: A Time of Celebration for CCPN!

Dear Partners,

2016 marks a number of significant milestones for our Champlain Cardiovascular Disease Prevention Network (CCPN). It was ten years ago, in December 2006, that the CCPN became a formal incorporated entity, striving to “do more together” to prevent and manage cardiovascular disease (CVD) in the Champlain region. We rolled out six priority initiatives as part of our initial 2007-12 regional CVD strategy, and subsequently renewed our strategy for another three-year term. That three-year term has now come and gone, with March 31, 2016 representing the formal conclusion of our 2013-16 Strategy and Action Plan.

Many of you have been leaders and contributors since day one; others have joined our programs and partnerships along the way. Together, we have improved the cardiovascular health of Champlain residents, young and old; we have influenced our health systems by working collaboratively to facilitate the uptake of evidence-based practice; and, we have progressively transformed environments in support of healthy behaviours. Our successes are tangible and meaningful; only through your involvement have these collective achievements been possible. We look forward to finding a time in the months ahead to celebrate accordingly!

The CCPN Project Management Office, housed within the Division of Prevention and Rehabilitation at the University of Ottawa Heart Institute (UOHI), remains intact for the 2016-17 operating year, under the strategic guidance of CCPN Chair Dr. Andrew Pipe and our Board of Directors. We will focus on core activities within two program areas – Healthy Foods in Hospitals and Regional Smoking Cessation (MyQuit) – as these programs have retained capacity through to March 2017; our thanks to the Champlain LHIN for their most recent financial support. We will also explore sustainability options beyond 2017, recognizing the need to be agile as our health system infrastructure continues to evolve over the coming months. In the short-term, we look forward to producing a Summary of Achievements 2013-16; stay tuned for this in the weeks ahead.

Our sincerest thanks and congratulations to all.

### CCPN Board of Directors

Dr. Andrew Pipe (Chair), Dr. Robert Cushman, Marion Fraser, Dr. Isra Levy, Randy Penney, Dr. David Salisbury

&

### CCPN Project Management Office

Laurie Dojeiji (Program Manager), Melissa Martins (Program Officer), Andra Taylor (Regional Dietitian), Gillian Pritchard (Special Projects Coordinator)

**Questions about other CCPN Priority Programs?** Please refer to page 2 below.

**Other questions?** Contact Laurie at [ldojeiji@ottawaheart.ca](mailto:ldojeiji@ottawaheart.ca) or 613-798-5555 ext. 18836.

### **What does this mean for Healthy Schools 2020?**

Unfortunately, since the conclusion of our Champlain School Facilitation Pilot, we have not been successful in our search for funding. While there is no capacity to actively maintain the *Healthy Schools 2020* program and partnership table, we feel the learnings and tools produced from our school facilitation experiences remain relevant and useful. As healthy schools advocates, we encourage you to reference and utilize the materials on the *Healthy Schools 2020* website [www.healthyschools2020.ca](http://www.healthyschools2020.ca) (or [www.ecolesensante2020.ca](http://www.ecolesensante2020.ca)) which we will continue to house and update as best we can.

### **What does this mean for the Primary Care Leadership Table?**

The FHT-LHIN-UOHI Leadership Table is currently not active. This table was particularly valuable in the early days of our 2013-16 Strategy, serving to inform activities related to a collaborative care model for Heart Failure, and also to cross-share innovations in CVD prevention and management. The primary care landscape is particularly dynamic at this point in time, and we are sensitive to the amount of consultation and planning currently underway.

As a way forward, we want to ensure that you, as leaders of CVD prevention and management, know where to turn for relevant information; below is a list of contacts for key initiatives that have been shared or discussed at previous meetings:

- *Regional Heart Failure Strategy and Collaborative Care Model:*  
Norvinda Rodger – [nrodger@ottawaheart.ca](mailto:nrodger@ottawaheart.ca)
- *Ottawa Model for Smoking Cessation (OMSC) in Primary Care:*  
Mustafa Coja – [mcoja@ottawaheart.ca](mailto:mcoja@ottawaheart.ca)
- *UOHI Prevention and Wellness Centre & Canadian Women's Heart Health Centre (incl. CardioPrevent, Virtual Care, and Women@Heart):*  
Lisa McDonnell – [lmcdonnell@ottawaheart.ca](mailto:lmcdonnell@ottawaheart.ca)
- *Regional Cardiac Rehabilitation Outreach Programs and HeartWise Exercise:*  
Jennifer Harris – [jharris@ottawaheart.ca](mailto:jharris@ottawaheart.ca)
- *Champlain Primary Care Quality Practice Facilitation Program:*  
[www.pgchc.com/qualitypracticefacilitation/](http://www.pgchc.com/qualitypracticefacilitation/)
- *Ontario Vascular Health Assessment and Support Tool + Vascular Health QI Toolkit (led by OSN/CCN):*  
Colleen Murphy – [cmurphy@ontariostrokenetwork.ca](mailto:cmurphy@ontariostrokenetwork.ca)

### **What does this mean for the Regional Heart Failure Strategy?**

The Regional Heart Failure Strategy continues to be funded by the Champlain LHIN and managed by UOHI Clinical Services. For more information, please contact Norvinda Rodger at [nrodger@ottawaheart.ca](mailto:nrodger@ottawaheart.ca).