



THE CHAMPLAIN  
CARDIOVASCULAR DISEASE  
PREVENTION NETWORK

# *The Navigator*

*Issue 5: November 2008*

## INTRODUCTION

Welcome to this edition of *The Navigator*, the Champlain Cardiovascular Disease Prevention Network (CCPN)'s e-bulletin.

*The Navigator* will guide you through the latest news about the Network, its partners, and the progress of its initiatives. Visit [www.ccpnetwork.ca](http://www.ccpnetwork.ca) for more information.

## NETWORK NEWS

### Now Available: Atlas of Cardiovascular Health in the Champlain District 2008

The Atlas provides a summary of the best available data regarding the burden of cardiovascular disease (CVD) in our region as well as the incidence of cardiovascular risk factors.

The Atlas of Cardiovascular Health in the Champlain District 2008 is a comprehensive regional report on the state of cardiovascular health and risk factors across the Champlain District. It was developed by the CCPN as a local resource to inform and assist a broad audience, including policy makers, health care providers, health planners, researchers, and the general public of the Champlain District.



The document presents a comprehensive examination of CVD, risk factors, and determinants of cardiovascular health in the Champlain District, chronicled in a systematic fashion for the four public health units. This Atlas emphasizes the importance of measurement to health outcome improvements and is intended to stimulate better data-gathering and regular monitoring of the temporal and geographic distribution and trends in disease and risk factor rates.

To view a copy of the Atlas, visit the CCPN Website at <http://www.ccpnetwork.ca>.

The Atlas of Cardiovascular Health in the Champlain District 2008 was produced by the CCPN Monitoring, Surveillance & Evaluation Expert Panel, headed by Dr. Andy Wielgosz, and reflects the collective effort of many epidemiologists in our region. Sincere thanks to all for your contributions, and a special thank you to Isabella Moroz, CCPN Analyst, who co-led the project.

***OUR GOAL: To save 10,000 lives from premature death of heart disease and stroke by 2020***

## **The CCPN Website has a New Face!**

The CCPN is pleased to launch its newly re-designed website. The re-design was intended to give the CCPN site a fresh look while maintaining an easy-to-navigate structure and access to relevant information about the Network's activities.

The main site re-design is part of a larger website enhancement initiative. Earlier this year, the CCPN launched [www.idocc.ca](http://www.idocc.ca), a website dedicated to the Improved Delivery of Cardiovascular Care (IDOCC) initiative. Additionally, we are in the process of developing "micro-sites" for another three of the CCPN's priority initiatives: the Champlain Community Heart Health Survey (CCHHS), the Champlain Get with the Guidelines – Acute Coronary Syndrome initiative, and the Champlain Hospital-based Smoking Cessation Network (The Ottawa Model). The CCHHS page is up and running with the remaining sites expected to launch later this fall.

Please visit us at [www.ccpnetwork.ca](http://www.ccpnetwork.ca).

## **CCPN in the Spotlight**

The fall season is filled with a multitude of conferences and events. These can also serve as opportunities to share the successes and lessons learned from our collective work to date with members of the broader chronic disease community.

A summary of conferences where the CCPN and its initiatives will be featured is summarized below. We encourage partners to consider attending these events where possible.

### ***Chronic Disease Prevention Alliance of Canada (CDPAC) Third National Conference, "Integrated Chronic Disease Prevention – Taking Action Together"***

The Westin Ottawa

For more information, visit [www.cdpac.ca/conference](http://www.cdpac.ca/conference)

1. Animated Poster Presentation

Monday, November 24, 11:00 a.m. to 12:30 p.m.

"The Ottawa Model for Hospital-based Smoking Cessation: Transforming hospitals into chronic disease prevention partners" (Dr. R. Reid)

2. Oral Presentation

Tuesday, November 25, 10:30 a.m. to 12:00 p.m.

"Update on the CCPN: An Integrated Chronic Disease Prevention Strategy in Action" (S. Papadakis on behalf of the CCPN)

### ***North American Primary Care Research Group (NAPCRG) 36<sup>th</sup> Annual Meeting***

November 15 - 19, 2008

Wyndham Rio Mar, Rio Grande, Puerto Rico

For more information, visit [www.napcrg.org](http://www.napcrg.org)

▪ Poster Presentation

Improved Delivery of Cardiovascular Care (IDOCC) through Outreach Facilitation

### ***Family Medicine Forum 2008***

November 27 – 29, 2008

Sheraton Centre, Toronto

For more information, visit <http://fmf.cfpc.ca/English/index.html>

▪ Poster Presentation

Improved Delivery of Cardiovascular Care (IDOCC) through Outreach Facilitation

## CONTACT US

Current and past issues of *The Navigator* are available on the CCPN website [www.ccpnetwork.ca](http://www.ccpnetwork.ca).

Your comments and suggestions are always welcome. Please write to us at [ccpn@ottawaheart.ca](mailto:ccpn@ottawaheart.ca). We look forward to hearing from you!

### CCPN Partner Organizations

Champlain Local Health Integration Network  
Champlain Regional Stroke Centre  
Ottawa Public Health  
Department of Family Medicine, University of Ottawa  
Eastern Ontario Community Primary Health Care Network  
Eastern Ontario Health Unit  
Élisabeth Bruyère Research Institute  
Healthy Active Living & Obesity Research Group, CHEO  
Heart and Stroke Foundation of Ontario  
Institute of Population Health, University of Ottawa  
Leeds, Grenville & Lanark District Health Unit  
Renfrew County & District Health Unit  
The Ottawa Hospital  
University of Ottawa Heart Institute

### CCPN Founding Industry Partner

Pfizer Canada Inc.

### Funding Support

Champlain Local Health Integration Network  
Health Canada's Federal Tobacco Control Strategy  
Ontario Ministry of Health Promotion